

Observation

Observation is one of the methodology applied during case taking.

Observation is study of patient by surveillance, viewing, watching and monitoring him. Converting the observations with respect to patient's behaviour into mind rubrics is a subject appertaining to the higher art of judgment that can be mastered over a period of time with experience.

Apart from direct observations made in clinic, there can be indirect observations that can be deducted from life-story or past history or the feed back given by the patient.

Remember what we observe is definitely more reliable as the patient always behaves in accordance to his state of mind.

- Meditation;
- Thought, thoughtful;
- Unobserving; etc.

Patient loses the thread of conversation when disturbed a phone call. This observation can be a pointer towards following rubrics:

- Abstraction of mind;
- Concentration difficult;
- Concentration difficult, interrupted, if;
- Confusion, interruption from;
- Ideas deficiency of, interruption from any;
- Interruption aggravates mental symptoms;
- Thoughts, vagueness, of interrupted when;
- Work impossible interruption, by least, etc.